



**ChildWIN**

Social-Emotional  
Wellness

Product Catalog





# Our Mission



At The Child Wellness Institute of New Jersey (ChildWIN), our goal is to help children to grow into healthy and productive adults. We promote wellness in a variety of ways for children including health, fitness, nutrition, self-care, social, and education.

ChildWIN builds resilience and social-emotional health within children and families by offering engaging, interactive, and research-informed trainings, workshops, and consultations to parents and professionals. Schools and homes are transformed into nurturing, calm and trauma-sensitive environments via trainings, webinars, classroom coaching, parent workshops, and creative toolkits for parents/classrooms.

ChildWIN has already reached more than 1,000 professionals and parents across New Jersey with services that get people thinking, moving, and changing their approach to challenging behaviors. With your generous support, we will continue to expand our services to reach more New Jersey children and families to promote child wellness throughout the state.

Learn more: [childwin.org](http://childwin.org)

#ChildWIN

# Wellness Walk Kits



## Classic Wellness Walk Kit

\$950

Kid tested & teacher approved to support self-awareness and self-management! This 57 piece decal features several options for children to jump, balance and breathe their way through the hallway. Developed by a team of therapists & educators (with plenty of kid input along the way!) children learn to reset feelings and emotions when they need a break and then get ready to learn again!

The path can be used in several ways: one long 40 foot pathway, three separate pathways to offer children choices or even one per hallway. The set also includes 2 sets of wall push ups with guidance to help adults explain how taking a break can help us use our muscles and reset our minds to get ready to learn.

The floor decal features textured surface to provide a better grip for little feet.

\*now includes 15 colorful paw prints!

## Nurturing Nature Trail - Original or Extended

Kids will hop, balance, jump and breathe their way through the Nature Trail! Following a series of paw prints, flowers, log beam, lily pads & puddles kids will leave their worries behind. Each walk ends with deep breathing to help regulate their brains and get back to learning! These floor decals can be assembled any way you want and includes:

Original (pictured below)

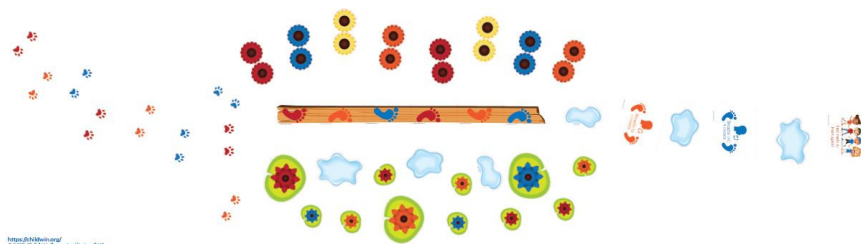
\$800

18 paw prints, 6 piece log balance beam, 16 flowers, 3 large lily pads  
8 smaller lily pads, 6 puddles, 2 breathing prompts and a final encouragement decal.

Extended

\$1000

18 paw prints, 12 piece log balance beam, 24 flowers, 3 lily pads, 12 smaller lily pads, 8 puddles, 2 breathing prompts and a final encouragement decal

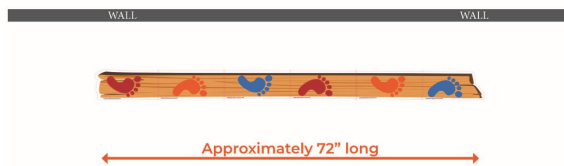


\*Wall and floor decals are permanent. Once removed after initial installation, they cannot be reused.



# Wellness Walk Add-On Items

## Balance Beam Kit (Set of 2)



## Follow the Flowers (set of 25)



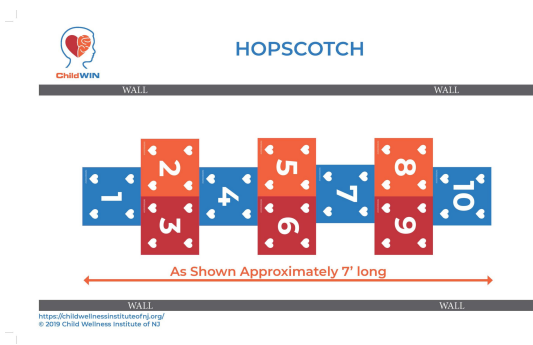
## Wall Push-up Kit (Set of 4)



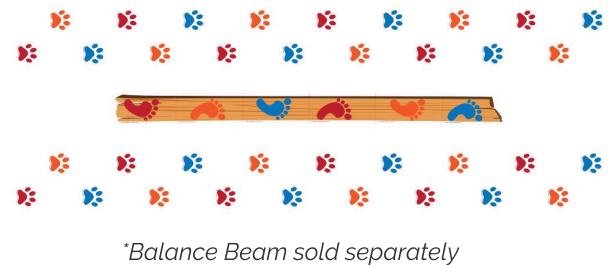
## Mini-Classroom "reset" Kit (Set of 8)



## Hopscotch Kit (Set of 10)



## Paw Print Kit for wall or floor (Set of 36 or 72)



For more information  
on our Wellness Walk  
Kits  
visit us at

[www.ChildWin.org](http://www.ChildWin.org)

## Individually Sold Add-on Item Pricing

Follow the Flowers (set of 25)	\$160
Balance Beam Kit (set of 2)	\$250
Wall Push-Up Kit (set of 4)	\$125
Mini Classroom "Reset" Kit (set of 8)	\$200
Hopscotch Kit (set of 10)	\$275
Paw Print Kit for Wall or Floor (set of 36)	\$100
Paw Print Kit for Wall or Floor (set of 72)	\$175

\*Wall and floor decals are permanent. Once removed after initial installation, they cannot be reused.



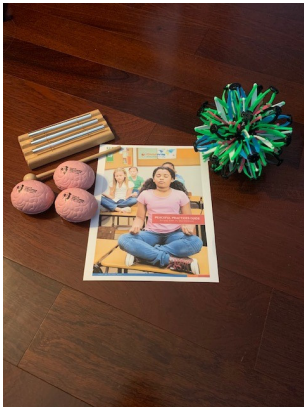


# Calm Down Kits

## For Students and Teachers

Calm down kits are great for students and teachers to support regulation. Each calm down kit comes with a variety of materials that will engage the senses and promote mindfulness and breathing. Here are some ways you can use the calm down kit items in your classroom each day!

### Peaceful Practices Mini-Kit for Educators



Help your students reset with our Peaceful Practices Brain Break: mini calm down kit for teachers or counselors! A great way to promote peaceful practices in a classroom to help students get back into learning brain! Kit is designed to be used by the teacher so it does not become a high touch item! (Easy for teacher to wipe down each day after use)

Kit includes: ChildWIN Peaceful Practices guide you using the items, 25 green squishy brains (so each student has their own), sphere breathing ball, chime for mindfulness and focus & a feelings poster!

\$75

### Calm Down Kit for Kindergarten - 2nd Grade



Children will engage their senses with this kit full of items to help them calm down, redirect or relax. Includes a variety of items such as: liquid motion bubbler, scented colored pencils, doodle pad, bubbles for breathing, squishy stress balls, monkey noodles, board book about feelings, plastic mirror, yoga poses for kids (for teacher to use), classroom chime (not pictured), breathing sphere and more! Instructions and guidance are included.

\$160

### Calm Down Kits for Grades 3-5



Take mindfulness to the next level with this Classroom Calm Down Kit. When children need a brain break to reset this kit can be used in your Calm Down Corner! Includes: liquid motion bubbler, a deck of Mindfulness Cards, Scented Bubbles, Scented Colored Pencils, Mandala Coloring book for Kids, Mesh Squishy balls, stress ball. Teachers will also receive a classroom chime (not pictured) and breathing sphere to support mindful breathing, focus and brain breaks! Instructions and guidance are included.

\$160

# Posters and Magnets



## Poster (Classroom)

Laminated, 11x17.  
Spanish Version on  
backside. Available in  
print or digital  
download

\$20 Print/\$15 Digital



## Poster (Parents)

Laminated, 11x17.  
Spanish Version on  
backside. Available in  
print or digital  
download

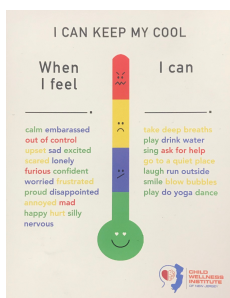
\$20 Print/\$15 Digital



## Poster (Lobby)

Laminated, 11x17.  
Spanish Version  
on backside.  
Available in print  
or digital  
download

\$20 Print/\$15 Digital



## Magnet

Magnets are 4" x 5.5". They  
are magnet versions of  
the parents poster.  
Available in English and  
Spanish

\$5

# Super Student SEL Decals

## ChildWIN® Super Student SEL Counselor Set

Take Social Emotional Learning to new levels at your school with our ChildWIN® Super Student SEL Counselor Set! These colorful, empowering self-affirmation decals support the concepts we all want our children to develop. They are removeable and address all 5 SEL concepts to reinforce in your school, in daily lessons or in a counseling setting.

The set includes:

900 removable desk decals for students to use at the desk (25 sheets of 36 images)

72 removeable educator/counselor decals to design any classroom or office

72 removeable, no-slip grip floor/wall decals

36 weeks of Morning Meeting Prompts to engage students in SEL conversations

Make your school come alive with this decal set!



\$1525

## ChildWIN® Super Student SEL Desk Decals



36 different images (25 per sheet) for a total of 900 removable stickers students can place on their desk as reminders!

72 removeable educator/counselor decals to design any classroom or office

36 Morning Meeting prompts

\$500

## ChildWIN® Super Student SEL Affirmation Floor/Wall Decal Set

72 removeable, no-slip grip floor/wall decals

\$1000



# How to Order

There are 2 ways to order!

1

All of our products are available online! Browse our shop and checkout using PayPal or credit/debit card.

Order online at [www.childwin.org/shop](http://www.childwin.org/shop)

2

Complete and Submit an order form. Our order form can be found at [www.childwin.org/shop](http://www.childwin.org/shop)

Email completed order forms to: [info@childwellnessinstituteofnj.org](mailto:info@childwellnessinstituteofnj.org)



**ChildWIN**





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Contact: 732-246-8060